**Sanctioned Activities**

**Whitewater, Sprint, Marathon Disciplines**

February, 2021

* supervised\* on water training and practices including:
  + programs for all skill levels
  + Special Olympic/PaddleAll programs
  + para programs
  + Canoe Kids programs
  + canoe polo

training and practices may use a variety of boat types, including:

* + sprint boats
  + war canoes
  + dragon boats
  + stand up paddleboards
  + outriggers
  + other non-motorized recreational boats
  + marathon boats
  + whitewater boats
  + voyageur canoes
  + surf skis
  + prone paddle boards

training may also be conducted through online programs that are created and monitored by sanctioned leader(s) as per each affiliate’s policy.

* supervised\* river trips
* sanctioned training camps
* competitions
  + sanctioned regattas and races
  + club and intra-club competitions
  + canoe polo
  + loading and unloading boats for travel to and from regattas
* clinics
  + coaching and instructor certification
  + official certification
  + motor boat safety (on and off water training)
* off water training programs including:
  + running
  + weight training
  + ergometer training
  + aerobic training
  + paddle pool training
  + cross country skiing
  + soccer and other aerobic games
  + swimming
  + strength training
* general maintenance activities including:
  + installing and removing club docks
  + installing and removing race course
  + boat and motor maintenance and repair
  + maintenance of club and grounds
* other activities
  + year end banquets, sports awards, social events (subject to alcohol service policy)
  + promotional activities including:
  + “try-it-outs”
  + demonstrations
  + distribution of promotional material
  + fundraising activities that are limited to club members subject to approval by CKO

\*Supervised means overseen by sanctioned leader(s) per CKO affiliate safety policy.

**Safety Policy Adherence**

As a requirement of a CKO sanction, it is understood that all activities will be conducted in accordance with the Sprint, Marathon and Whitewater safety policies as posted on the respective websites:

[Sprint Safety Policy](https://canoekayak.ca/wp-content/uploads/2019/06/CKC-Sprint-Code-of-Safety_June13_FINAL.pdf)

[Whitewater Safety Policy](https://www.dropbox.com/s/50edfze1brf0ncp/Club%20Event%20And%20River%20Sanctioning%20Application%20Requirements.docx?dl=0)

[Marathon Safety Policy](https://omckra.com/home/documents/)

If your organization experiences any sort of incident during a CKO sanctioned activity, that leads to a potential Sport Accident Insurance claim or legal claim, you must submit all details and relevant claim submission forms directly to CKO.

**Activities that are NOT sanctioned by CKO include**:

* Any event/activity where alcohol service is included and does not meet the standards of the service of alcohol policy
* Unsupervised paddling activities
* Dragon Boat rentals
* Dragon Boat festivals
* Fundraising activities such as golf tournaments, bonspiels etc. that include participants that are not members of the discipline.
* Other activities not listed and as defined by CKO

**Service of Alcohol Policy - Sanctioned Activities**

A CKO member activity, that includes the service and consumption of alcohol, will be eligible for a CKO sanction if it meets the following standards:

* The service of alcohol must be conducted by a third party and not the CKO member. Alcohol service is fully managed and conducted by the third party, and all service providers are fully trained and certified.
* The CKO member must verify that the third party has liquor liability insurance coverage. A certificate of insurance with a minimum coverage of $2 million is required from the third party, listing CKO and the CKO member as additional insured.
* The service of alcohol takes place within a facility that is fully licensed for alcohol service and that adheres to all regulations as outlined by the Alcohol and Gaming Commission of Ontario. A copy of this license may be requested by CKO.
* The activity meets the satisfaction of CKO, who reserves the right to decline a sanction at its discretion.