



HUT!

Fall 2015



Photo by: Fred (Frits) Loek

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2015 Executive

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The photo on the cover of this edition of HUT! serves two purposes.

First, it is a reminder that outrigger is part of the sport of marathon paddling.

Second, and perhaps more important, this iconic photo-

graph is a tribute to **Fred (Frits) Loek**, a friend of marathon paddling, who passed away suddenly in the early morning hours of Aug. 30. Fred's photos of marathon paddling have graced many issues of HUT! in recent years. Our hearts go out to OMCKRA member **Liz Loek**, married to Frits for 39 years. Words fail me here.

The 2015 racing season is nearly over; and I emphasize "nearly." The remaining event is the **Provincial Championships**, to be held this year on Saturday **Oct. 10** in Bracebridge in conjunction with the **Great Muskoka Paddling Experience**, which is celebrating its fifth year. The schedule of events is on Page 2.

Early on, the OMCKRA board of directors decided that a real Provincial championship should be held in 2015 in conjunction with an existing race. There were few options after the beginning of July.

So we hope you will make your way to Bracebridge Oct. 10 to celebrate the end of the season, for good hard racing in the positive atmosphere that has always been part of GMPE. Organizers Sandy and Pat Schofield and their team of volunteers have shown us how a great event is run for four years now. This is GMPE's fifth anniversary. Some classes will be designated as Provincials classes. Provincials medals will be awarded **ONLY** to paddlers who are OMCKRA members.

Bracebridge is beautiful in October. The water is great. But make sure you know how to clear leaves off your bow!!! Because this event is held after Sept. 30, you

must wear an approved Personal Floatation Device as per our insurance requirements.

The **Annual General Meeting of OMCKRA** is scheduled for **Oct. 31** in Hespeler, Cambridge. This may be the last meeting of this organization as we know it. On the table for discussion will be the recommendations of a consultant aiming to "reorganize" **Canoe Kayak Ontario**. If the recommendations are accepted at fall meetings of all three affiliates, and ultimately at the Canoe Kayak Ontario annual meeting later in November, OMCKRA will be rejigged over time to become one of three councils representing the competitive paddling sports in Ontario and much more closely aligned with Whitewater and Sprint. There is a document outlining how this would work on the OMCKRA website. On page 12 of HUT! there is a diagram that shows how the amalgamated organization would work. In the broad picture under that model, there would be fewer directors for Marathon, working also in committees with members of the other boards on common issues.

The Reorganization report was developed after several meetings with representatives from all three groups. Marathon was represented at different times by Kim Snell, Gord Cole, Rodney Ruddock and myself.

Marathon's will continue our functions of sanctioning and insuring races in the province with the input of our marathon paddling members. The familiar classes with Marathon C1s, C2s, recreational, and also big boats, North Canoes and Outriggers, will be defended. In theory at least, a reorganized Canoe Kayak Ontario would bring the sports closer together, allowing for more crossover between the sports. Can you envision so-called "pro boats" at a flatwater sprint club for example, and members attending our races? Stay tuned.

Don Stoneman, President OMCKRA

Coming soon in 2015...

A 9am 5km C1 Race has been added to GMPE for OMCKRA Provincials!



This 9am race is the official **OMCKRA Provincials C1 Championship** event and complements the Great Muskoka Paddling Experience (GMPE). The early morning schedule allows paddlers to race again in the later GMPE events including the 20km Marathon C2 Men's and Mixed Events at 10:30 and other OMCKRA championship events. Non-OMCKRA members taking part must be in OMCKRA spec canoes or "Standard" sit down canoes. Only OMCKRA members however will receive medals for placing in the Provincial Championship.

Paddlers in the 9am 5km C1 race must be registered in advance to get their bib numbers. Do this [via online](#) or Friday evening. Saturday morning will be too late!

Online registration is available! You can register with payment. <https://www.webscorer.com/register?raceid=47133>

You still must pick up your boat bib on race day morning.

There will also be a registration desk at [LIV Outdoors](#) on [Friday evening](#) likely from 5:00pm to 8:00pm.

OMCKRA Provincials 2015

October 10, 2015—In conjunction with the Great Muskoka Paddling Experience

Pre-register online or the Friday before the race to make it to the 9am Sat C1 race start, other races throughout the day count for provincials medals.

<https://www.webscorer.com/register?raceid=47133>

OMCKRA AGM 2015

October 31, 2015 1:00—4:00 pm

St Andrew's Hespeler Presbyterian Church
73 Queen Street East, Hespeler (Cambridge)

CKO AGM 2015

November 21, 2015 1:00—4:00 pm

Best Western Peterborough,
84 Lansdowne East, Peterborough, Ontario

Classique Internationale de canots de la Mauricie in a K2

from Darryl Bohm

My wife, Rory, and I raced the Classique this year and what an experience, great organization, good river, wonderful competitors, thousands of enthusiastic spectators and the best camaraderie amongst all involved. We finished the race with new friends made, new respect for our fellow competitors and a great feeling of achievement.

For Rory and me this was a “call back from the past” as we had done a number of similar type races (i.e. multiple day races over long distances, down flowing rivers) many years ago during our South African life. The last time we had raced, or paddled anything like this distance, was at least 15 years ago.

We first became aware of the Classique last year, but had already committed to doing the World Canoe Kayak Marathon Championships the week before.

This year we had not really planned to do the race, but decided at the last minute that this adventure could be fun, so we entered.

We studied the route on google



The Mauricie River was not always as calm as this

maps, viewed the photos of last year and planned our race.

We reckoned a K2 should be the same speed, if not a bit quicker than the C2 from our past racing against them – so looked at the times and planned on completing each day in 30 minutes longer than that of the winning time of the C2’s from last year.

This worked well on day 1, not for day 2 and 3 where we were way more than my time planned. Not being conditioned for extended long exertion can be blamed for this; believe me we were very fatigued after each day, but were able to somewhat recover during

the overnight stops in very comfortable hotels within walking distance of the finish and next day start. Nothing like a medium rare steak to get the strength back into your muscles. It was great sharing our war stories, and boasting the size of the blisters on our hands to our new found friends (cannot call them competitors as such was the camaraderie amongst those taking part, that you dispelled any thoughts of “how will I demolish them in the next phase” and replaced the competitiveness with getting advice, sharing experiences and offering tips for the next leg of the race).



The third day was a challenge, hugging the river's shore to avoid sinking.

From the pictures the water did not look too rough, plus Rory and I are very stable in kayaks, so I was quite happy to take my sprint K2.

This was the wrong decision, the water is rough and turbulent, the sprint boat does not have sufficient volume to keep it above the water, so we spent quite of bit of time “swamped”. Thank-goodness we had good pumps,

Rory, though, had a hard time as she had to pump continuously, so in essence not only paddled 200km, but ran 200km as well, as you use your legs to pump the water out while paddling. Pulling the boat through the waves instead of over them becomes very tiring. You need a boat with a good amount of volume and good pumps in a race of this nature.

When the wind picks up (in particular when blowing against the flow of the water) the standing waves become quite large, on many occasions they crashed over our cockpits hitting with quite a force against our chests. Another wave we had not considered before the race was that of the numerous pleasure power boats that were out enjoying the river and environment. The wash from these boats were often huge! we had to brace a number of times as we were hit by these waves.

Regarding the weather, we could not have had better. Hot and dry (OK last day it started to rain, but we had just finished and loaded the boat before the downpours started).

The organization of the race was fantastic. Friendly volunteers wherever you were. Friday evening was the opening dinner, not

too many speeches, received your race information package and had some food. At the starts and finish, tents were set-up, commentators broadcast the happenings, and great carnival atmosphere. Plenty of water and lunch available

The exhilarating portage through the streets of Shawinigan.



ble at the finish.

Start day 1 in La Tuque: parking reserved for the competitors close to the boat entry point, hundreds of spectators on the banks of the river, hold onto the start rope spanning across the river, off we go – first a quick loop in front of the spectators then straight down the river – don't look at the GPS as your speed is way more than expected – the water flows strongly the whole day. Many viewing points for the spectators and followers as the road follows right next to the river the whole way. At the finish (Matawin Bridge), volunteers help you out of the boat, a well appreciated packaged lunch is given to you,

stage prize giving help promptly and the overnight hotel 500m downstream. What more do you want? We finished the day in just over 5hrs.

Start day 2 at finish of day 1: parking reserved for the competitors close to the boat entry point, many spectators crowd the Matawin Bridge over the river some 200m downstream of the start. Approx. 1 hr. into the race you enter the dammed up water from the first of 3 River Hydroelectric dams along the way, also start getting the pleasure boat activity, a short loop in front of St Roch de Mekinac

marina, just for fun, then started hitting a combination of a strong head wind and the many pleasure boat waves. Next 2hrs are extremely difficult, being swamped many a time, the pumping could not cope with the amount of water we took on with each swamping so we were forced to hug the side of the river to prevent sinking as the waves were smaller on the side, and from the side – not head on, but it meant we lost the advantage of the river flow, Oh and another loop at the Grandes Piles marina. Many view points for the spectators and followers as the road follows right next to the river the whole way, except close to the end. A well timed portage around the only large rapid on the river some 30 minutes from the end, was a welcome opportunity to get a stretch and some blood flowing back into your legs and backside. What a

Top Canoe Times	Day 1	Day 2	Day 3	Final Time
Mathieu Pellerin/Guillaume Blais	4:46:31	5:27:58	2:52:07	13:06:36
Ryan Halstead/Nick Walton	4:46:41	5:29:11	2:52:47	13:08:39
Top Kayak Times				
Joe Shaw/Karl Kuehnel	4:41:20	5:48:03	3:07:44	13:35:07
Darryl Bohm/Rory Bohm	4:59:25	6:07:49	3:19:22	14:26:36

Source: <http://www.classiquedecanots.com/assets/classique2015-etape3.pdf>

finish – a short portage in the town of Shawinigan – Thousands of spectators line the portage, cheering, clapping and motivating you along, the noise is deafening, and you get so hyped up, it’s amazing how your body forgets how tired it is and you run as if you are outprinting Usain Bolt.

Day 2 takes us just over 6hrs. Again a great packaged lunch is given to you as you finish. A good steak at a local restaurant, and comfortable sleep in the hotel across the river, readies us for the last day.

Start day 3 with a loop in front of Shawinigan town and all its inhabitants, immediately followed by a portage around the 2nd of the hydroelectric dams in. Quite a tough stretch to last of the hydroelectric dams 1, again many pleasure boats and head wind and again we had to hug the side of the river to prevent us sinking. The finish being on Ile Saint Quentin in Trios Rivieres, all dressed up for the

race – large winner’s podium, many marques for the spectators and competitor, music, commentary and just buzzing with activity. Day 3 take us 3.5hrs.

Darryl Bohm



Kayak podium: Alec Myles & Oliver Lamarche, Joe Shaw & Kurt Kuehnel, Darryl Bohm & Rory Bohm

ICF Canoe Marathon World Championships

Győr, September 11 - 13, 2015

Paddlers representing Canada in Hungary at the worlds included OMCKRA members Doug and Eric Ellery, Nick Robson, Ben Kendall, Michael Thomas, Rob Lang, Edit Fried, and Chris Helyer,

Summary of Results – World Championships

Athlete	Event	Result
Doug Ellery	Senior Men's C1 (26.1km)	11 th (2:24:16)
Nick Robson	U23 Men's K1 (26.1km)	21 st (1:57:03)
Mark Marschalko	Junior Men's K1 (22.2km)	22 nd (1:44:04)
Fearghus Vincent & Ben Kendall	Senior Men's K2 (30km)	23 rd (2:18:53)
Eric Ellery	U23 Men's K1 (26.1km)	27 th (2:04:36)
Michael Thomas	Senior Men's K1 (30km)	DNF
Richard MacDonald	Senior Men's K1 (30km)	DNF

[Click here for Full World Championships Results](#)
Source: Canoe Kayak Canada

Summary of Results – Master's World Cup

Athlete	Event	Result	Medal
Marian Nemic	Master Men's K1 (age 70-74) 18.3km	2nd (1:35:04)	Silver medal
Hugh Fisher	Master Men's K1 (age 60-64) 18.3km	2nd (1:27:29)	Silver medal
Rob Lang	Master Men's K1 (age 60-64) 18.3km	3rd (1:27:45)	Bronze medal
Edit Fried	Master Women's K1 (age 45-49) 18.3km	3rd (1:45:46)	Bronze medal
Natalia Mokryakova	Master Women's K1 (age 55-59) 18.3km	4 th (1:55:36)	
Chris Helyar	Master Men's C1 (age 60-64) 18.3km	6 th (2:08:04)	
Rob Lang & Hugh Fisher	Master Men's K2 (age 60-64) 18.3km	1 st (1:22:57)	Gold medal
Marian Nemic & Karel Suler (Czech Republic)	Master Men's K2 (age 70-74) 18.3km	3rd (1:35:38)	Bronze medal
Chris Helyar & Bruno Pieperbec (Germany)	C2 Masters Men 55-59 age group (18.3km)	3rd (1:53:49)	Bronze medal
Edit Fried & Andrea Nagy (Hungary)	K2 Master Women (age 45-49) 18.3km	3 rd (1:38:32)	Bronze medal

MRX Coureur from Coach Bob Vincent

The name was the M R X Coureur des Bois. This meant you had to carry all your gear - sleeping bag and tent. That gear weight for our canoe was 40 lbs and that included all our food. You were not to receive anything from anybody, but participants could help each other and that was a good rule.

This was a 220km (70 mile) total distance race. We started in Whitney on the east side of Algonquin park and finished day one just outside the park's west end at Algonquin out fitters.

taking pictures. I hope to get them later. We all stayed together until we came to the swamp. That was very shallow and very twisty. You had the option of portaging on the trail but it was a 3 km run. We paddled but the BC boys ran it. They were good runners and put 15 minutes on us and we never saw them again until night.

Steve and I were struggling with the weight of our canoe on the portages and when we came to the 850 meter one we were passed by 2 canoes and they were



The race course was not always as calm as this.

This was day one. We were off, 17 of us. The 3 Susquehanna's all together just behind one kayak. We came to the first island and I said "all, go right". There were some questions but I had scouted and there was a shortcut that saved about 2 minutes.

The kayak looked around, saw us, then came with us. The BC boys were impressed and said they had scouted and not seen that one. We did the first portage and all came out together and rode wash.

We did several corners all on side wash - it was great. The one check station was on the sandy beach

running. We paddled the rest of the day by ourselves. On the last 2 portages Steve said this is not working so he carried the canoe and I carried all the gear. That worked for us and it was much easier.

We finished the first day in 4th over all, but second in our class. We put up our tent and ate our heater meals, drank an electrolyte mix and sat around the camp fire and had a few laughs with all the paddlers.

There were 3 teams that did not make it and were transported to the tent site and that was day one.



From left, Bonnie Pankiw and Christoph Weber, Bob Vincent and Steve Tait, Patrick Turner and Tim Turner (BC boys).

Day 2 we had a mix of sun and clouds with a north west wind. We lined up and were off at 7:30 AM. The 3 Susquehanna's were together and 2 kayaks were following. They now had it figured out we knew where to go.

On Lake of Bays the wind was strong and the waves were up to 2 feet high some times. I checked with Steve to see if he was cool and calm about the waves. His answer was "What a great ride! Keep running the boat and catch more so we can surf!" We laughed a lot as about every 7th wave was a big one and we got to surf a long way.

The canoes had separated and everyone was alone working with the waves. The portages were better day 2 as we carried the long ones - Steve with the canoe and I carried the gear. On the short ones we just carried it with our hands on the handles.

Coming up to a portage on the right I heard a noise on the left side of the river. It was Christoph and Bonnie going through the bush and she was reaming him for going the wrong way. He was the navigator for their team. Steve did 90 percent for our team and when we both knew where to go we just paddled on.

They stayed behind us for about 45 minutes to the Spencer portage. When Bonnie came up beside me she said "don't start with me Bob" Then Christoph picked up the Pack and shouldered the canoe and as Bonnie was still in the water he started to run. The canoe slipped off her shoulder but she caught it. Then she let another verbal burst go at him. It was fun to watch.

I helped Steve up with the canoe picked up the pack and all the gear. We started to trot and I said to Glen Dawson this is as fast as I can run. He said "just keep the knees high Bob".

We ran, not fast but the mixed team ran hard and fast and put 6 minutes on us. We had 4 long hard portages on day 2. Our much improved system was working much better. On the long stair climb Dean and Art caught us from the X race. I was hoping they would catch us on the water and we could ride them for a while. I was walking as fast as I could go up the stairs 105 all the way to the top. The last 3 were tough as I was looking for more air. Mrs. Art talked to me as I climbed and said the people from Manitoba all wish me good luck. Then her voice drifted off as she could not go as fast as I was going. (It was hard to believe as I was not fast).

We made it to the last check point at Mary Lake and we put our lights on as it would be dark before we made the other side. Gwyn was our driver and met us here and ran with us over the portage.

We put in and were off.

As we rounded the corner the waves started. They were as high as 2 feet. Some crashed over the bow. The pack was not quite off the bottom on our foam so the water was slow running back to the bailer. I thought of the Edmund Fitzgerald trying to make White Fish Bay. The island was 100 meters away and we had 5 inches of water in the canoe. We made the island, bailed the water, and fixed the pack so the water would run back. Then we headed for shore just about 1 kilometer away.

It was a wild ride and it was now just about dark. Harder to read the waves in the dark. Steve was a trooper, he pulled hard all through all the waves and we made the channel out of the lake. He was right on with his navigation.

I had forgotten how long the distance was to the next lock so it seemed like a long time. The air felt cold with the wind and as we got to the lock and put our feet in the water it felt warm. This was our last carry and we struggled. We heard our cheering section off on the other side of the lock. We put the canoe in the water and paddled hard to keep warm. Out on Fairy Lake the wind was up and more waves. This was the last section of open water and we could see the highway lights. We surfed some waves and made it to the other side. Now it was just a short trip up the river under the bridge to the finish line second in our class.

It was a very hard race physically so congratulations to all who were able to finish. I checked the top paddlers finish list and saw most of them had been to one or more of the clinics that OMCKRA puts on.

It was good to know the clinics work!

There were many very happy faces at the banquet. The food was great and there were lots of stories of things that happened. We have many new friends and lots of memories.

The organizers had every thing covered with a heater tent at the finish line, spot checkers on the race course and a good location for the banquet.

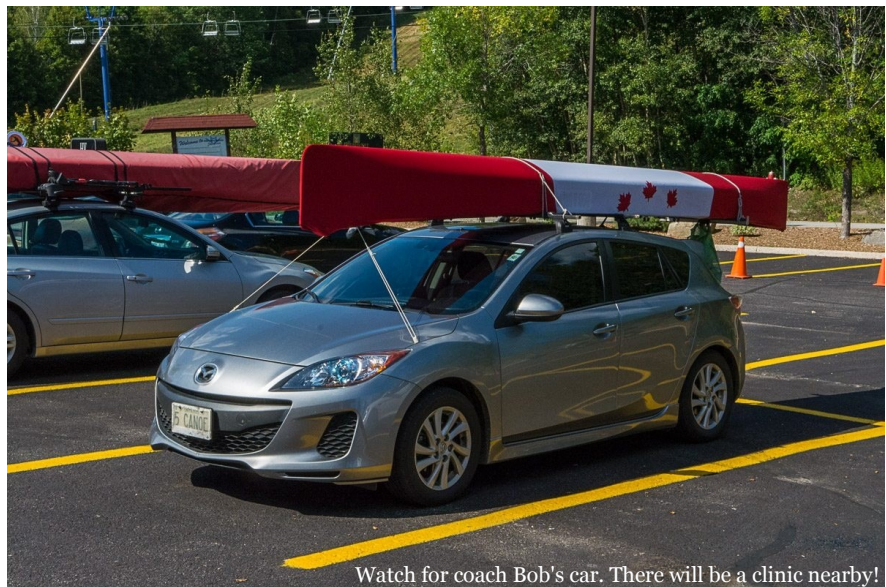
Thanks for a great event.

Good job by Peter and Chris Pratt , Dean and Art, Steve and Mike, and Paul Adams for the last section in a C 1.

They attended the OMCKRA clinics.

These are some of the paddlers to watch next year. They will be faster.

Coach Bob



Muskoka River X — September 11 & 12 2015

Thank you from race organizers Mike Varieur and Rob Horton

Hi everyone, we are writing to thank everyone for supporting the 2015 Muskoka River X. The event was held last weekend (Sept. 11 and 12) and was a huge success.

Muskoka and the Algonquin region is becoming internationally recognized as a destination for paddle sport racing and training. Your efforts in supporting this growing event are having positive impacts on the local communities and businesses.

Not only did the event bring in over 200 participants and spectators, the Muskoka River X was followed on-line by thousands of people. Our Facebook page alone has received over 40,000 unique visits from around the world during the race week and is currently followed

by over 900 passionate people who love to paddle. Additionally, over 3,500 unique users visited our web site over race week. This type of exposure is significant for the local communities and economy as we have seen our event double in size in only three short years.

Additionally, we are very proud of our safety record. This year we had 83 unique teams and almost 150 participants involved in the Muskoka River X. Again we are pleased to announce that no participants of our event required emergency services or medical care. With our expanded safety team including four mobile search and rescue teams, four first aid teams, GPS enabled tracker and emergency beacons, numerous vol-

unteers and the addition of other safety measures all teams remained within designated water ways and portages, and returned home safely or were transported home by event staff without issue.

We look forward to continuing our track record of supporting the local communities and hosting safe events into 2016.

Sincerely,
Mike Varieur/Rob Horton, Race Directors

(The [race results](#) and times are available at

<http://muskokariverx.com/mrx-live-results/>

North Bay Mattawa Race— July 25, 2015

Thank you from race organizer Paula Loranger

The Mattawa River Canoe Race's organizers thank everyone who participated in 2015 for making the race "an astounding success. There were 50 boats in the 64 km race and another 18 in the 13 km race.

The full results are now posted on the [NBMCA website](#)

A couple of promotional videos were posted earlier this year. Check them out.

https://www.youtube.com/watch?v=iZlSe6H_spl

https://www.youtube.com/watch?v=NAFee6im_TE

Also check out the great race photos on our [Facebook page](#). "like" and tag yourself in them!! [facebook.com/NBMCA/photos_stream](https://www.facebook.com/NBMCA/photos_stream)

Fill out this [survey](#) for your chance to win your entry into the 2016 race! (and help us improve the event for you) <https://www.surveymonkey.com/r/2015MattawaRiverCanoeRace>



Dean Brown left and Rene Boogemans right, hoist the trophy for the fastest time at the Mattawa River Race in 2015.

Canoe Kayak Ontario, Proposed Governance Model

An Organizational Review Committee made up of representatives from Marathon, Sprint and Whitewater has proposed a new governance model for CKO. This will be presented to members to vote on at the upcoming CKO AGM. Below is an excerpt from a document prepared by Paul Jurbala of communityactive, thanks to a grant from Ontario Trillium Foundation. The 11 page condensed document is posted on the [OMCKRA website](#). Please read through the full document and let us know your thoughts on this. Show up at the CKO AGM on November 21, 2015 in Peterborough and vote on it.

The primary purpose of this project is to undertake an in-depth internal review with CKO's affiliates and stakeholders with the ultimate objective of identifying and implementing an organizational model that will enhance CKO's ability to assume a leadership role in the development, delivery and management of canoe/kayak programs and services to Ontario's paddling community." (CKO Request for Proposal, Sept. 2013)

"As currently structured, CKO is the umbrella organization responsible for applying for MTCS Base and Sport Priority Funding on behalf of three affiliates. CKO redistributes the funds to the affiliates based on a CKO Board-approved membership-based formula, and all program development including associated expenditures and overall financial management is administered independently by each affiliate based on its own priorities without CKO input. There has been a general consensus from the affiliates that this results in a lack of efficiency and a duplication of effort that constrains the overall development and growth of paddle sport in Ontario.

HUT! editors note: The Ministry of Tourism, Culture and Sport (MTCS) provides base funding to CKO through a grant application process the three affiliates participate in. This funding is split between the three affiliates using an 83/14/3 % formula tied to membership numbers. Sprint has by far the largest share of this grant with Marathon receiving just under \$1,970 in base funding this year. The Sport Priority Funding (SPF) grant is applied to yearly with the help of the paid CKO Executive Director. Both Sprint and Whitewater have benefited from SPF however Marathon has not. This is partly due to the smaller volunteer base in Marathon for coming up with funding ideas and partly due to priority being placed on Sprint and Whitewater as Olympic and Canada Sports disciplines. Marathon therefore accomplishes the majority of its mandate to develop, promote and represent marathon by providing insurance coverage, coaching clinics and coaching training with almost no ministry and only membership funding. Any of you with ideas for projects that would fit a grant proposal come get involved! Think what we could do with some creative proposals for grants!

Excerpt continues....

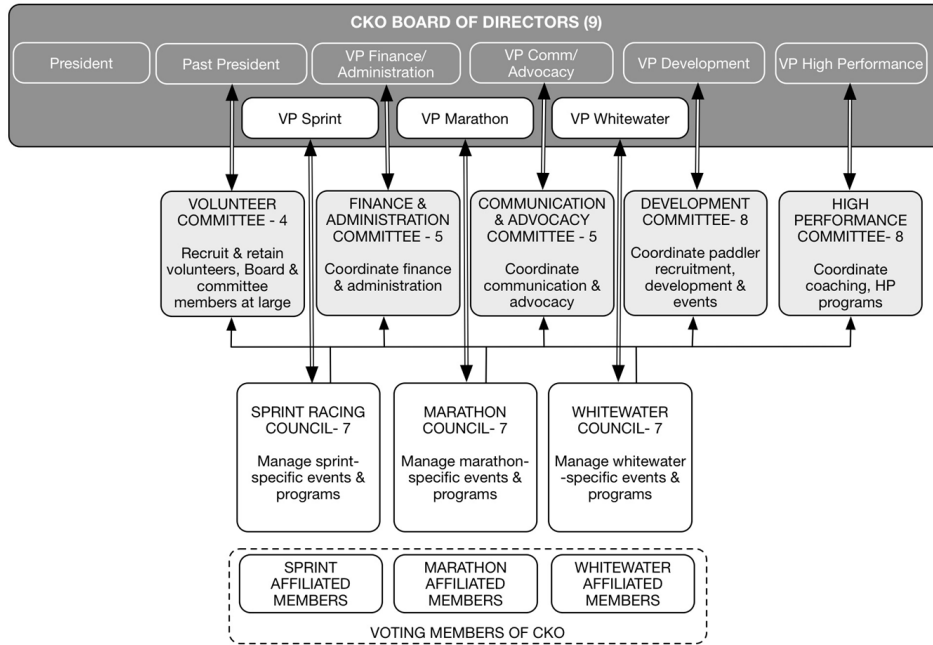
The model is presented in two parts, Model for Governance including a proposed structure of the CKO Board of Directors and Committees, [editor: this is copied to HUT!] and Model for Membership outlining how paddlers affiliate to CKO and vote for representatives. Draft basic Terms of Reference for the proposed Committees and Councils are appended. [editor: please read full document for these]

Conclusion of review

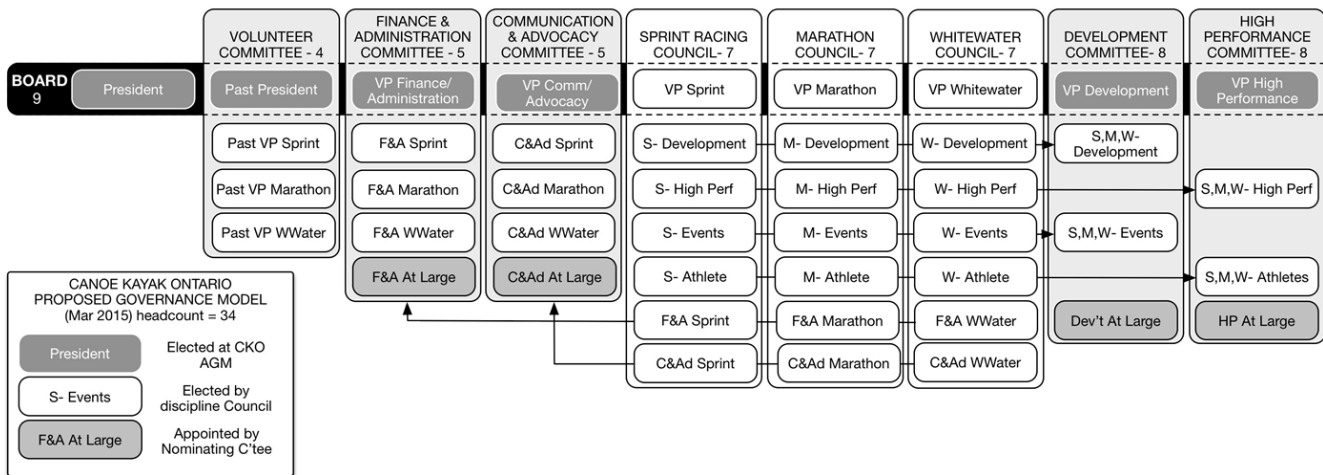
Change to Canoe Kayak Ontario's structure is both necessary and inevitable: necessary because the existing structure results in duplicated, wasted and uncoordinated effort, and inevitable due to the introduction of the new ONCA. The Organizational Review Committee has taken an open and progressive attitude toward understanding and analyzing options and worked diligently to arrive at consensus. The result is a governance structure and membership model that will comply with ONCA and create a framework for a more unified organization. In the restructured CKO, affiliates can more easily collaborate to find productive, joint solutions to the challenge of growing paddle sport in Ontario, while maintaining the traditions and culture unique to each affiliate, and meshing with CKC's structures and operations.

... It is through this review and further presentation to and discussion with affiliates, members and stakeholders that CKO will find the way forward to becoming a stronger, more effective organization that better serves the needs of Ontario's paddlers.

Proposed structure of the CKO Board of Directors and Committees



Detailed view showing members of committees and councils:



1. Members of the three discipline Councils (Sprint, Marathon, Whitewater) are elected by their constituents. The respective Vice Presidents chair their Councils and are appointed members of the CKO Board of Directors. Other Council members are cross-appointed to collaborative Committees (shaded). Arrows indicate which Council members serve which Committees.
2. The President, VP Finance and Administration, VP Communication and Advocacy, VP Development and VP High Performance are elected at the CKO Annual General Meeting. Along with the Past President (non-voting) they may optionally form an Executive Committee. Each is chair of a Committee (the President is chair of the Board).
3. The Volunteer Committee is composed of the current Past-President and past Council VPs. serves to identify and propose volunteers for election to the Board (President, Committee Vice Presidents) as well as four at-large positions on the Finance & Administration, Communication & Advocacy, Development and High Performance Committees. The members at large are intended to provide committee-specific expertise without necessarily being aligned with a discipline.



OMCKRA Membership Application / Renewal Form 20____

Please make cheque payable to OMCKRA and mail with application to:

OMCKRA Membership 87 Queen Street East, Cambridge, ON N3C 2A9

Please print clearly.

Name:			
Address:			
Residence Phone:			
Cell Phone:			
Work Phone/Fax:			
E-Mail:			
Membership	Circle Fee [C\$]	Date of Birth (e.g. Jan. 5, 2000)	Racing Class (C, NC, K, Rec., OC, SUP, etc.)
Racing Individual/Race Organizer (fee is per race organized if organizer)	\$40		
Full Time Student	\$30		
Junior <18 yrs as of Jan. 1	\$30		
Bantam <14 yrs as of Jan. 1	\$30		
Newsletter only (included in all memberships)	\$18		
Club Membership Club Members /each	\$25	Please provide spreadsheet listing Club Members	
Family with Children <20 yrs. (maximum 4 racing members)	\$70		
List Children Paddler Names		Date of Birth (e.g. Jan. 5, 2000)	Racing Class (C, NC, K, Rec., OC, SUP, etc.)

List Special Skills (First Aid/CPR/Medical/NCCP Coaching Certification/Canoe Construction/etc.):

_____.

List other Affiliations: _____.

All members receive annual meeting notices and the Newsletter via e-mail.

Personal information collected by OMCKRA is used to provide services to our members. These services require administrative responsibilities such as documentation of insured events and instructor registration. A limited information membership list (names and city) is provided to race organizers for insurance purposes. Private information is never given to anyone by OMCKRA for other reasons. People registering for OMCKRA coaching or who have taken part in an insured event may receive membership information from OMCKRA in the next calendar year.

For office use Card provided: _____ DB updated: _____