



Fall 2016

HUT!



Clinics and new paddlers show Classique moves!!

Oliver James McMillan began attending coaching clinics lead by coaches Bob Vincent and Don Stoneman in the Thames River and Cambridge area. The Thames River Classic was Oliver J's first ever Marathon race. Labour Day he completed the signature Marathon race La Classique Internationale de Canots. In September Oliver J and another new trainee **Christine Archer** achieved third place in the Muskoka River X 80KM "Sprint". Christine's first ever Marathon race was the Marsh Mash in May. Eight other new trainees have been attending the London and Cambridge clinics and a great many more have attended the Huntsville clinics lead by Chris Near in the summer. We can credit some terrific performance improvements to the hard word of these participants and to the work of our Marathon coaching team.



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President's Message



2016 Executive

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What a year! So many races and other paddling things!!!

Some highlights. When it seemed like the Marsh Mash Paddling Race would be cancelled this year because of a tragedy in the organizers' family, I was part of the team that put it back on track again.

Thanks to staff at the municipality of Bradford West Gwillimbury, where the event is held, and also the head coach Helen Savin and commodore Jill Weston of the Richmond Hill Canoe Club and the volunteers you brought. We could not have done this without you

There was an overnight trip to Minneapolis with Oliver James McMillan and Bob Vincent, two days of hard core racing with 23 different partners, and then an overnight back. Another overnight "pitting" at the Ausable River Marathon where we saw the best in the sport, racing for more than 14 hours, fight it out to a finish with first place was decided by less than a boat length.

An exciting Mattawa River race with my partner Chris Prater and another first place in a class in that race.

Yet another overnight race at the Muskoka River X with my favourite American lawyer partner

Sue Williams. (Why do so many of these memorable things involve sleeplessness?)

And then there was helping a newly sanctioned SUP and outrigger race on Lake Ontario. I mentally kicked myself

for not having loaded up my OC1 and competed, but that's how it goes sometimes and it is good to watch.

Both the MRX and that SUP/outrigger race are what I call "non-traditional" forms of marathoning, as referred to in the Strategic Plan developed by the Marathon Canoe Racing Council back in 2012.

There are ongoing challenges; poor attendance at the Provincial Championships being one. (See results on page 6 & 7). Why didn't paddlers show up to paddle a beautiful course that was extremely popular in the 1990s? We'd like to know. And if there's something that can we fixed we will make it better. Unless there is a major change in direction after the annual general meeting, Provincials will be held in Bancroft again in early July of 2017. Also, we hope there will be a Nationals Sudbury in 2017. It's time to bring that race into our collec-



tive consciousness. And that is a reminder that the Annual General Meeting of OMCKRA takes place on Oct. 29 in Cambridge. A "general meeting" means it is open to all members of the association. If you are a racing member, you have a vote. If you are a member of a club, your club representative has a vote. A reworked Constitution and Bylaws of the organization, in essence the rules by which we operate, was emailed to all members in September and will be ratified, or modified at that the AGM. Increases in fees to keep the organization in the black will be ratified at this meeting. And a new board will be elected to run the organization in 2017. I intend to let my name stand for president again. There are things I want to see done before handing over to someone else.

Regards
Don Stoneman

Dean Coulson!

New paddler a force to be reckoned with...

Dean Coulson, who turned in the best time in the C1 Marathon 20K at the GMPE and won the Provincial Mens C1 title, is a relatively new paddler. OMCKRA coaches have been nurturing and training Dean the past several years and he's come into his own in 2016, following shoulder surgery last year to correct a rotator cuff injury left over from a previous baseball career. (Competition is in Coulson's blood. He was also a top sponsored snowmobile racer.)

Dean started training with the London group in 2014, then migrated to paddling in Toronto this year with a Toronto group (Dragan Olajdzija, Liz Loek, Karen Simpson & Stan Machacek) and has come into his own. His coaches are proud of what he's accomplished to the point some would rather have Dean in the C2 with them than be competing against him in C1 class. While recovering from the shoulder surgery Dean showed up at races to enthusiastically cheer others on. He stayed up nearly all night watching the 2014 MRX race, cheering on the racers. This year he finished first in the solo class in the 80 km long MRX "Sprint" in 10:52:01.

Dean has been training with huge fervor and dedication and increasing his ability to the point of being a force to



be reckoned with on the water. He and his little daughter Ella and wife Beth who have been encouraging and supporting him have become part of our marathon family. Dean's a pretty special guy for us.

Congratulations to Dean and to his coaches.

More new paddlers ...



The Pittock Lake training crew after the MRX. From the left, Mike, Hayes, Oliver James Macmillan, Christine Archer, Cezary Szymczak, , Bob Vincent, Peter Scheuring, Gwyn Hayman, Chris Prater and Don Stoneman.

The OMCKRA Flags!

Please help us get them back—no questions will be asked... I know Dragan looks great, but really... what were they thinking?

OMCKRA has invested in 4 flags and a banner featuring a dynamic shot, taken at this year's Thames River Classic, of long time high performance Marathon Paddler Dragan Olajdzija. The flags have generated conversation and interest from those unfamiliar to Marathon paddling, bringing more people into the family and conversations of what Marathon Paddling is all about. OMCKRA volunteers will be bringing these to races for years to come to help raise the brand of Marathon, generate interest and bring colourful attention to the racing events OMCKRA sanctions.

The flags were first used as the starting and finishing gate plus helped paddlers see the halfway point indicator in the OMCKRA sanctioned Lake Ontario Crossing SUP, kayak, outrigger race in September.

The flags and banner were also displayed at the Muskoka River X and the Great Muskoka Paddling Experience where, unbelievably, two of the flags were stolen. I know... I'm aghast.. Who would do that? It must have been a mad, now embarrassing, impulse.

OMCKRA can only think that the image of Dragan was so dynamic and loved that someone felt they must have it for their ...den? but please—these flags were investments of limited volunteer time to design and arrange for and OMCKRA's limited budget to purchase.

If you took or happen to know who took those flags... possibly it was a whim hopefully regretted.. please encourage them to return the flags anonymously to the GMPE race organizers, any OMCKRA coach or mail to OMCKRA c/o "I'm sorry" 87 Queen Street East, Cambridge ON N3C 2A9.

No questions will be asked. I get it. They are lovely. But what on earth could be planned to do with them? We need them back and will use them (not hang them surreptitiously on some basement wall or hide in an attic). Please also help get the return of the hardware of the rod holding one of the flags that was taken. Thank you, Kim Snell



Limited Edition! autographed originals of the Dragan Shot

The first 150 email requests will receive a free hard copy original of the **Dragon Olajdzija** photo used on the OMCKRA flags signed on the back and postage paid by photographer, Kim Snell.

Suitable for framing and hanging on any wall with a clear conscience.

Email your request with mailing address to info@omckra.com



Lake Ontario Crossing

Sunday, September 11, 2016

Faced with wonky mid-September weather and with a sharp eye on their self-imposed stringent safety requirements, race organizers Dan Michaluk and Rob Kavcic wisely scaled down their first ever Lake Ontario Crossing from a planned 32 mile Niagara-on-the-Lake to Toronto run to a 32 km up and down the shore of Lake Ontario between Toronto Island and the R. C. Harris Water Treatment plant, with a start and finish line at the Toronto Windsurfing Club. With most race times over four hours, it was tough enough. OMCKRA sanctioned this event which in future years will include more outrigger and surfski classes. Is 30 to 50Km on a standup board marathon racing? This observer say yes. Are those skills easily transferrable to a sitdown canoe? We have proven that is so.

Race results at niagara2toronto.ca/2016-results/



BCT'S YORK RIVER PADDLE CHALLENGE & OMCKRA

Provincial Championships held July 9 and 10, 2016 in Bancroft

SATURDAY'S RESULTS

1.5K

WINNERS	RACE-DIVISION	PLACEMENT
ELI COISH	BANTAM	1 ST PLACE
PAIGE SUNSTRUM	BANTAM	2nd PLACE

3K

WINNERS	RACE-DIVISION	PLACEMENT
SILAS COISH	BANTAM	1 ST PLACE
GREG YOUNG	BANTAM	2nd PLACE

6K

WINNERS	RACE-DIVISION	PLACEMENT
GRAYSON BURKE & KAI CHIU	CANOE TEAM	1 ST PLACE
LORA DAVILATSHIRA & JEANNE VIOLA	CANOE TEAM	2nd PLACE

12K- C1 Championship Event *

NAME	RACE-DIVISION	PLACEMENT	TIME
DEAN COULSON	C1	1 ST PLACE	1:15:11
DON STONEMAN	C1	2 ND PLACE	1:16:49
RODNEY RUDDOCK	C1	3 RD PLACE	1:21:08
ROBERT BAIRD & TERRY BAIRD	C2-RECREATIONAL	1 ST PLACE	1:24:13
PHIL JOHNSON & RAY HEALEY	C2-RECREATIONAL	2 ND PLACE	1:24:19

12K -Recreation *

NAME	RACE-DIVISION	PLACEMENT	TIME
CHARLES SCHOFIELD	K1-over 14'9"	1 ST PLACE	1:15:31
JOHN LIVERSAGE	K1-over 14'9"	2 ND PLACE	1:16:46
DAVE CONROY	K1-over 14'9"	3 RD PLACE	1:20:05
TIM MORTON	K1-over 14'9"	4 TH PLACE	1:26:20
ALLISON SANDEMAN	K1-over 14'9"	5 TH PLACE	1:27:28
KIM SNELL	K1-over 14'9"	6 TH PLACE	1:49:24
PAUL DEVITT	K1-under 14'9"	1 ST PLACE	1:26:34

*Denotes Championship Event

BCT'S YORK RIVER PADDLE CHALLENGE & OMCKRA Provincial Championships held July 9 and 10, 2016 in Bancroft SUNDAY'S RESULTS

23K

NAME	RACE-DIVISION	PLACEMENT	TIME
DAV NEMETHY-FEKETE	K1-ELITE MALE *	1 ST PLACE	2:25:38
ALISON SANDEMAN	K1-ELITE FEMALE *	1 ST PLACE	3:06:06
DON STONEMAN	C1-ELITE MALE	1 ST PLACE	2:35:37
LOUIS CABARDOS & ALAIN CABARDOS	C2 under 17 MEN'S TEAM	1 ST PLACE	2:59:40
ALEX KATSARAS & MARKO PILIC	C2 under 17 MEN'S TEAM	2 ND PLACE	3:07:04
COURTNEY GENDROW & SARANTIA KATSARAS	C2 under 17 WOMEN'S TEAM	1 ST PLACE	3:26:08
CAROL GRANT / ANNA KATSARAS	C2 under 17 WOMEN'S TEAM	2 ND PLACE	3:27:22
MICHELLE SUNSTRUM	K1 under 14'9"	1 ST PLACE	3:27:53

*Denotes Championship Event

Note: There were no entries in Sunday's scheduled C2 Provincial Championship events



La Classique

Bob Vincent and Ray Healey pitted for Oliver James McMillan of London and Chris Guydis, of Belize at the Classique on Labour Day Weekend. This is Bob's story.

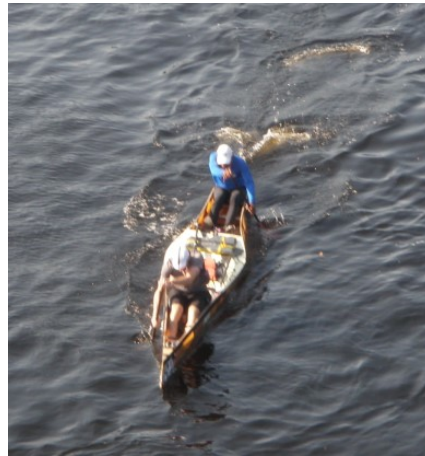
Day one. LaTuque.

Saskatchewan's Trevor Robinson and Edith McHattie tipped while holding onto the starting rope. They drifted downstream, where the rescue boat helped them back in - they made it back to the line before the start.



When the horn sounded, Chris Guydis and Oliver James had a great start, about in 15th place. By the time they made the turn and came they had fallen back to about 24th. They headed back up stream as part of the first set of buoy turns right in the mix. Steve Lajoie and partner were first by 10 seconds. Chris and Oliver I think were 28th. Estimate on time 5 hours 20. There were over 300 hundred people on the bridge to watch the finish. Day two and they are on the water early ready to go. It turns out our team are great starters. Right up in the mix riding wash and having a great time. After 2 hours they seem to fall a few places. Saturday they missed a marker along with eight other teams at the 100 km mark. That 5 minute penalty moved them back 5 places. They were drafting at the time and the Quebec team had the penalty as well. There were seven teams in total that took a five minute

penalty. Chris and Oliver found the portage a little long after about 100 meters. too bad it was 1 mile long EH! Trevor and Edith were 10th, Ryan and Joe got the penalty and were 21st. Graham Smith and Ivan English from Saskatoon were sixth and doing well. Chris and Oliver ended up 35th after the penalty. Great weather, no wind, no waves. Day 3. Our racers go off with another great start. They slipped onto a stern wash and stayed there a long time. Ray and I are off to the first portage. Our team comes in 6 places better than the last day. They are fast today and both are on a high. The pit goes well and they are down the big hill to the water. We are off to the next portage, again around a dam. We wait at the bottom about 3/4



of a mile – At the put-in, all paddlers put their canoes facing up stream as the current is strong and there are rocks on the downstream side. Our boys come in two more places ahead of where they were at the last portage. The pit goes well and Oliver zips up the tarp as they peel out with 2 other canoes. The rapids are coming and they are both excited to have a go with them. They are very hot as the



day has had sun all the time. On the third set of rapids they must have been overheated and took a swim. The rescue boat was there in less than one minute and they were back in the race. Oliver lost his head camera with great footage, so sad. But more importantly, they have lost 6 or 7 places. Their spirits are high but could not get any places back. That is the way in a pro race the canoes just keep coming and if you make a mistake you pay. This has to be my best trip to Quebec. The weather was better than I have ever seen it. The people were all very friendly and eager to try English. Our team was always on a high with no complaints. Thanks to Oliver, Chris and Ray it was a blast. Coach Bob

Results of the C2 race are available at <http://www.classiquedecanots.com/assets/resultats-c2-etape-3.pdf>

Editors's note:

Rory Bohm and Darryl Bohm were second in the K2 event in a cumulative time of 14:03:15. There were only two entries and they were competing against a two man surf ski. In addition there were 12 entries in the Rabaska (north canoe) class. The fastest nine person canoe finished in 13:20. The fastest C2, Mathieu Pellerin and Guillaume Blais, finished in a time of 13:09.



Cooperstown (Clinton Regatta)

70 Mile course

Bob Vincent, Chris Prater and Steve Tait got in a boat with builder John Diller and finished fourth in the C-4 stock endurance class in the General Clinton Canoe Regatta. Time was 8:39:59. There were 11 entries. First place finished in 8:05:42. In the mixed/women recreation endurance class, Elizabeth Edington of Sequin and Lindsay Raymond of MacDougall finished second in 12:36:41. First place time was 10:34:51. In Mixed Competition Cruiser Endurance, Carlyn Johnston and Dave Johnston of Strathroy and Sarnia respectively finished 5th in a time of 8:58:02. Fastest time in the class was 8:47:40. In the same class, Sharilyn Johnston and Rene Boogemans finished 13th in 9:34:18. There were 17 finishers in the class. Open 50 and over C1, Stan Anusiewicz of Brights Grove finished eight seconds behind winner Arthur Walker-Jones of Winnipeg in a

time of 9:22:40. Don Stoneman finished 7th in 10:37:57. There were 13 finishers. Desmond Fan of Toronto and Matthew Mokanski of North York were 11th amongst 14 finishers in the Mens NYMCRA Stock Endurance Class in 10:36:25. Ontario paddlers also took part in the Sprint races on the Sunday of the Memorial Day weekend. In the 50 and under C1 Sprint, Dean Coulson of Kearney Ont finished 3rd in 2:13:25. The fastest time was 2:09:14. In Mens Amateur Sprint, Dragan Olajdzija and Liz Loek of Toronto and Mississauga respectively finished third in 2:06:50 and Gord Cole and Karen Simpson of Parry Sound and Mississauga were fourth in 2:11:49. The fastest time was 2:01:15. In Open C2 Stock Sprint, Mike Kennedy, Uxbridge, and Ray Healey, Cameron, finished fourth in 2:27:13. The fastest time there was 2:08:15.

Marsh Mash



The Big East

The C 1 , K 1 and stand ups left at 8 AM. One took a swim right at the start. His cable broke so he just swam to shore and fixed it. The C 2 started at 8 :10. I think there were 40 canoes. We were good off the line in my new Slingshot 222. By H 2 O. In a very short time we had about 10 canoes out in front of us. We were trying to hang on to some wash. Now we were starting onto the lake . We had just passed under 3 bridges. The lake was flat and the canoes were all moving fast. There were 5 pro canoes out near the front and the Expedition canoes were close behind them. We could see Chris and Liz well out in front. They were having a great race. We were in 3rd place watching them pull away from us. I was not used to this. Then I looked at who they were and realized they were the paddlers that were attending the clinics. Young strong and better paddlers, good for them. About one hour up the river one mixed team in another 222 (from Montreal) were having steering problems. They were in the middle and we were

against the shore line. We gained on every corner and more in the shallow water. We soon passed them. Then they started following us. They stayed close for 15 minutes then fell off in the shallow water. The first C 2 to turn was Chris and Liz, then an Expedition canoe from Montreal. Mike Ruddock and Rene Boogemans were next. The first mixed Expedition canoe was Dean Coulson and Monika Stoeger. We were next but a ways back. No one changed places on the way down. The last hour was tough as we were alone. When we got to the lake we could see C 1, kayaks, SUP, and 3 C 2 way off in the distance. It helps when you can see the teams in front of you. We pulled hard all the way to the finish line. The waves were a bit rough on the lake but very easy in the 222. We passed 1 C 1 and 1 SUP before we made it to the finish line. It was a good day on the water. Sunny and hot at 31 degrees. Lots of good stories and smiles every where.

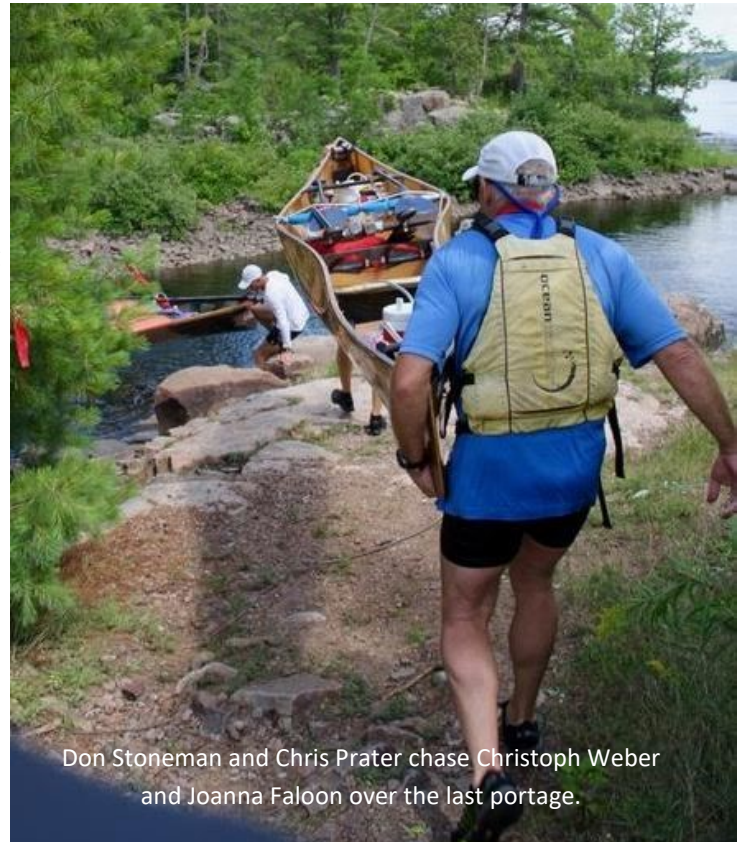
Hope you had a good day on the water coach Bob

North Bay to Mattawa

Mattawa River Race, 2016,
by Bob Vincent

Sixty four teams participated in seven classes. I was in the Expedition class with 13 other canoes. We left at 8 am with two other classes leaving earlier, and two leaving after. Oliver and I had a great start, in five minutes there were just four of us out in front riding wash. We talked with most of them as we rode. This was going to be a fun day if all went well. It took two hours and 20 minutes to get to the beaver dams. It was fun to watch as some of the rec canoes that had left early try to go over them. Several paddlers fell in up to their shorts and higher - yes in beaver dung. As we portaged we were third in our class. It was a very muddy put in and there were three rec canoes in the way and only room for two canoes at the put in. So some guys rush it and yes they fall in. We waited and watched the lead canoe paddle away. The second place canoe, Adam and Mike in our class, put in and paddled to the right. We put in and paddled to the left, as we passed the second place canoe in our class they were caught on a very large rock and soon fell in. It took five minutes for us to catch the first place canoe Tom and Mike, for our ride. Again we talked and had fun with the other team. Oliver and

I were looking for other canoes to ride and have fun with. This was a great position to be in for a long race. The next portage was longer and over a road. The leaders were faster and we were more than a minute behind at the end of it. Our put-in was the fastest of the day. I hopped in and Oliver pushed off shore and we were paddling hard to catch up again. After the first minute Oliver said 'is this worth it' and I said 'yes it is now or we are gone for ever.' It took over 10 minutes to catch up. Then life changed and Oliver said 'yes I see why it is worth it.' The ride was great. We were one hour to the next portage at Talon Chutes. This one is over the big rock face. You climb up a long way and go down farther. Here you must be very careful not to fall. You can get hurt or even worse you can damage your canoe. We were together over the portage and with them at the put-in. We paddled together to

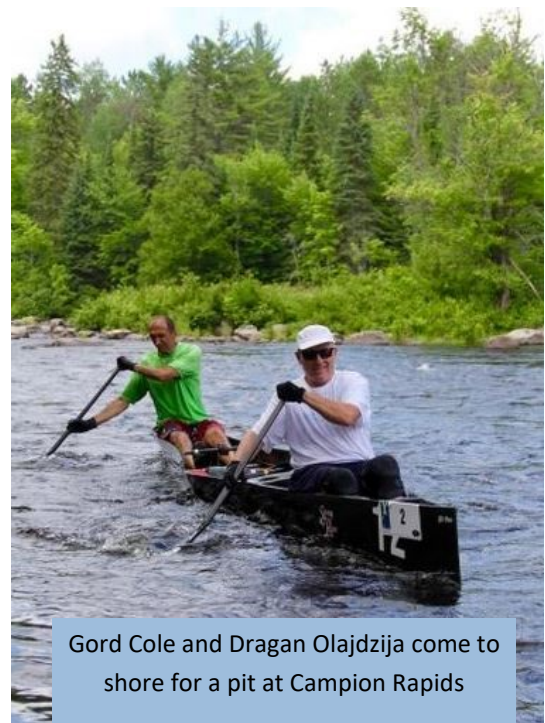


Don Stoneman and Chris Prater chase Christoph Weber and Joanna Faloon over the last portage.

the rapids and we went first. The first three were just fun, no scratches. The fourth was the two big rocks. We were trying to go to the left. We made the first left but the current pushed the front end between the two big rocks. I thought we were going to crash hard.



Bob Vincent and Oliver James McMillan head for the finish



Gord Cole and Dragan Olajdzija come to shore for a pit at Champion Rapids

We hit the second rock and spun but made it around only to be caught in the back eddies. The canoe leaned hard to the right, I had a great brace on and so did Oliver. Water was coming in over the gunnels, but we stayed upright. The team following us thought we went for a swim as the three-foot drop made us disappear from their sight. We caught a few more rocks before we made it past all the rapids. We watched them come down and they stayed to the right, caught a few rocks but came out laughing. It was a good rush for all of us. Oliver was on a high for the rest of the day. The next place was the waterfall; we portaged to the right. The lead kayaker was in front of us and missed the portage sign. He turned to watch where we were going, saw the portage and headed for the right side. He had to fight his way through the bush, but that was better than the waterfall. He was now about two minutes behind us.



Sharilyn Johnston and David Jovanovic pit Karen and Liz at Campion Rapids

At this portage Tom and Mike made their getaway. I had to bail water and they got two minutes on us. We pulled hard but our 'fast' seemed to be gone. We paddled by ourselves through the next three rapids, and only touched a few rocks. They are black and very hard to see. Now we were on the last lake, Lake Champlain, just by ourselves talking about the ride through the rapids - yes it was a blast. Then the 3rd place canoe came up behind us, Mike and Cullen. Oliver said 'do we go hard' and I say 'no we ride.' We paddled with them for one hour to the last portage. About 15 minutes from it there was a canoe that had left early just ahead of us. I could not just paddle so I went hard to catch it before the portage. Oliver was right with me, the speed felt good. We passed them and caught a kayak just at the portage. The kayaker asked how far to the finish and I said less than 30 minutes. We finished the portage and as we were going to put in the canoe we passed was putting in ahead of us. They had gone over the dam. I call that a 'local advantage.' They put on the best sprint they could. We caught them

and passed them on the way to the finish line. I asked Oliver to leave it all on the water so we pulled as hard as we could for the last 15 minutes. He had lots of jam and the speed felt good. Lots of first-time paddlers have no gas left after six hours but Oliver is going to be a great competitor. Other first-time paddlers think about pain, food, just being done. Finish lines are where you have to have it and make it happen. Give your pain to someone else, You can eat your favorite treat when you finish. It might be a snickers bar, a bottle of powerade, or a beer. But get this right. Finish strong, not four seconds behind the winners; get by them and be a winner. I was presented with the most senior paddler award, so I may have forgotten a few facts. Our time was 6 hours 45 minutes, in second place, and it was just a great honour to paddle with Oliver. We had dinner with Tom at our table. Lots more laughs. When I asked him how old he was he said 44 and his partner was 52 maybe that was why they won. They were training with Ryan Stepka. They had both been to one of my clinics. Good to see they have learned well. We had two H2O canoes in the top 3. It was good to see five in the race.

Thanks for a great timer Oliver. Coach Bob



Karen Simpson and Liz Loek at Talon Chutes

and passed them on the way to the finish line. I asked Oliver to leave it all on the water so we pulled as hard as we could for the last 15 minutes. He had lots of jam and the speed felt good. Lots of first-time paddlers have no gas left after six hours but Oliver is going to be a great competitor. Other first-time paddlers think about



The dash from Campion to the finish line

AGM / Summit dates for: OMCKRA, CKO, CKC (MCRC)

OMCKRA is completely volunteer based and the great majority of its clinics, coaching and race organizer support programming costs are covered through membership.

OMCKRA is an affiliate of and pays fees to the sport governing body **Canoe Kayak Ontario (CKO)** and through it obtains the insurance policy covering OMCKRA sanctioned events as well as funding from the Ontario Ministry of Tourism, Culture and Sport. "The Ministry encourages involvement in sport, recreation and physical activity for the health, social, and economic benefit of Ontarians and the communities in which they live". The fees OMCKRA pays to CKO increased in 2016.

OMCKRA is also a member of and pays fees to the **Marathon Canoe Racing Council (MCRC)**, the body governing marathon canoe and kayak racing in Canada. Marathon, a non-Olympic sport, is one of three disciplines represented by **Canoe Kayak Canada**. Part of MCRC's mandate is to run National Championships and to select athletes to represent Canada at International Canoe Federation (ICF) sanctioned World Cups, Marathon World Championships and World Games. It is through MCRC that the NCCP recognized Marathon Coaching program which OMCKRA Marathon coaches obtain certification through was designed and established. The fees OMCKRA pays to CKC increased in 2016.

OMCKRA membership fee structure changes

Costs to OMCKRA went up last year with the fees to both CKO and CKC increasing after many years of holding unchanged. OMCKRA fee structures for racing members in turn have increased as follows:

Individual or Race Organizer (per race) \$50

Full Time Student or <18 yr. as of Jan. 1 \$40

Family with Children <20 yrs. (max 4 adults) \$70 (unchanged)

Club fees (Clubs counted as one racing member) \$30 fee + \$20 per insurance covered club participant

Day participant fee is increased to \$8

OMCKRA AGM October 29, 2016

A notice was sent September 25th informing members of the OMCKRA Annual General Meeting (AGM) which will be held Oct 29, 2016 in Cambridge, Ontario. All racing members are eligible to vote at this meeting and to run for a position on the board.

Location:

St. Andrew's Hespeler Presbyterian Church
73 Queen Street East
Cambridge ON, N3C 2A9

Time: 1pm - 3pm

Agenda items will include:

- Constitution update
- fees update (see membership form page for changes in 2017 season)
- election of board for 2017
- awards - please email your nominations for awards to prez@omckra.com

CKO AGM November 12, 2016

The 2016 Annual General Meeting of CanoeKayak Ontario will be held Nov 12, 2016 in Peterborough, Ontario.

Location:

Best Western Peterborough
84 Lansdowne St. East
Peterborough, Ontario
Phone: 705 742 3454
Saturday, November 12, 2016

Time: 1:00 – 2:30pm

OMCKRA racing members and members of Marathon Clubs may attend and vote at this meeting.

CKC Summit Dec 2, 3 & 4, 2016

The 2016 CKC Summit will be held Dec 2 to 4, 2016 in Ottawa, Ontario.

Location:

Lord Elgin Hotel

The Annual meeting of the Marathon Canoe Racing Council will be held at this Summit.

OMCKRA Membership Application/Renewal Form 2017

Online membership form available at omckra.com/membership---sanctioning.html

Membership may be paid by: e.transfer from your bank to omckra@gmail.com or cheque made out to **OMCKRA** and mailed to: **Membership c/o 87 Queen Street East, Cambridge ON N3C 2A9**

Name:			
Address: (include postal code)			
Residence Phone:			
Cell Phone:			
E-Mail Address:			
Fee schedule for racing members of OMCKRA	Enter Fee [C\$]	Date of Birth (dd/mm/yyyy)	Racing Class C, K, Rec., OC, etc.
Individual or Race Organizer (per race) \$50			
Full Time Student or <18 yr. as of Jan. 1 \$40			
Club fees (Clubs counted as one racing member) \$30 fee + \$20 per insurance covered club participant		Clubs provide participant information separately	
Family with Children <20 yrs. \$70 (max 4 adults)		Families list names below	
List Family Paddler Names		Date of Birth (dd/mm/yyyy)	Racing Class C, K, Rec., OC, etc.

List Special Skills (First Aid/CPR/Medical/NCCP Coaching Certification/Canoe Construction/etc. and other Affiliations:

All racing members receive annual meeting notices and the Newsletter via e-mail, are eligible to vote, are covered for insurance in OMCKRA sanctioned events and may apply to participate in provincial and national awards competitions.

Personal information collected by OMCKRA is used to provide services to our members. These services require administrative responsibilities such as documentation of insured events and instructor registration. A limited information membership list (names and city) is provided to race organizers for insurance purposes. **Private information is never given to anyone by OMCKRA for other reasons.** People registering for OMCKRA coaching or who have taken part in an insured event may receive membership information from OMCKRA in the next calendar year